



# PSHE

# 2023-2024

## Term 2

*Supporting students to stay safe, healthy and prepared for life's opportunities.*

## WHAT ARE WE LEARNING THIS TERM?

	Theme Key:			
	Relationships	Living In the Wider World	Health & Well-Being	
	Mon 30 <sup>th</sup> Oct Period 4	Mon 13 <sup>th</sup> Nov Period 5	Tuesday 28 <sup>th</sup> Nov Period 1	Tues 12 <sup>th</sup> Dec Period 2
Year 7	Equality & Stereotyping	Raising Aspirations	Careers	Identity, Rights & Responsibilities
Year 8	Equal Opportunities	Employment & Careers	Self-Esteem	Discrimination - Racism & Religion
Year 9	Gang Exploitation	Your Future	Career Options	Careers Education
Year 10	Financial Decision Making	Gambling	Fraud & Cybercrime	Navigating Relationships 1
Year 11	Mocks	Physical and Mental Well-Being	Impact of Vaping	Unhealthy Relationships
Year 12	ALIS CEM Testing	Mentor Training (SFT)	Finances - Salaries & Living	Relationships Responsibilities & Consequences
Year 13	Study Skill (Key Stage Team)	Mocks	Careers	Study Skills (Key Stage Team)

## TERM 1 HIGHLIGHTS



Year 7 have been looking at transition to secondary school. Year 10 have developed their understanding of mental health and coping strategies. Meanwhile, Year 8, 9, & 11 have been exploring influence and how to respond to peer pressure. Year 12 & 13 have explored how to manage influence, how to thrive in post 16 education and looked at the ways to improve their sleep.



## SIGNPOSTING & SUPPORT

The following links relate to the upcoming topics you will be covering:

- [NSPCC - Wide range of help and advice](#)
- [Prospects - Careers advice](#)
- [BeGambleAware - Support & advice](#)
- [ChildNet - Online safety advice](#)

## HAVE YOUR SAY



Click [here](#) or use the QR Code to:

- Have your say in the RGS PSHE Curriculum.
- Anonymously ask a question to be covered.
- Ask your Head of House to meet with you about one of the topics.

