



PSHE

2023-2024

Term 3

Supporting students to stay safe, healthy and prepared for life's opportunities.

WHAT ARE WE LEARNING THIS TERM?

	Theme Key:		
	Relationships	Living In the Wider World	Health & Well-Being
	Tues 9 th Jan Period 3	Tues 23 rd Jan Period 4	Tues 6 th Feb Period 5
Year 7	Prejudice, Stereotypes & Discrimination	Bullying	Healthy Lifestyles 1
Year 8	Discrimination - LGBTQ+	Mental Health - Attitudes & Stigma	Mental Health - Managing Emotions
Year 9	Study Skills	Families & Parenting	Managing Conflict
Year 10	Navigating Relationships 2	The Role of Intimacy & Pleasure	The Impact of Pornography
Year 11	Capacity to Consent	Marriage & Forced Marriage	Parenting
Year 12	Study Skills	Relationships - Communicating Wants & Needs	Sexual Health Misconceptions
Year 13	Organisation	CAS Meetings	CAS Meetings

TERM 2 HIGHLIGHTS



All year groups have been exploring the Living in the Wider World Topic this term with most years focusing on Careers options. As well as this, Year 7 & 8 have looked at Equality and types of discrimination. Year 10 have focused on money and decision making. Year 11 and 13 benefitted from a Study Skills session delivered by the Key Stage Team's before sitting their mocks. All year groups are now progressing on to Relationships.



SIGNPOSTING & SUPPORT

The following links relate to the upcoming topics you will be covering:

[NSPCC - Wide range of help and advice](#)

[Young Minds - Mental Health Support](#)

[Victim Support - Children & Young People](#)

HAVE YOUR SAY



Click [here](#) or use the QR Code to:

- Have your say in the RGS PSHE Curriculum.
- Anonymously ask a question to be covered.
- Ask your Head of Year to meet with you about one of the topics.

